

## Catholic Family Connections Bible – **FAMILY ACTIVITY**

**Confirmation 1 ~ Complete By: January 13<sup>th</sup> | Confirmation 2 ~ Complete By: January 27<sup>th</sup>**

---

- Materials Needed:**
- Catholic Family Connections Bible
  - Sheet of paper and pen/pencil for each family member
  - A camera – to email a photo of the family activity to [crystal@sjeparish.com](mailto:crystal@sjeparish.com) Photos will be gathered for a slide show at the end of the year but names will not be used.

\*\*\*\*\*

1. **Read** *James 3:1-2* and “*The Tongue: Friend or Foe*” (p. 1752) aloud. Let family members take turns. **PARENTS WITH YOUNG CHILDREN** explain the point of the article that is age appropriate.
2. **Gather** in a circle with the paper and pens/pencils.
3. **Complete** the affirmation activity as follows:
  - a. The youngest person in the family sits patiently in the circle while the remaining members take turns listing three things they like about the person.
  - b. The person being affirmed writes those things down as they are named. Younger children may need assistance.
  - c. After everyone has affirmed the youngest, the next youngest of the family takes a turn listening to positive statements and so on until everyone has been affirmed.
4. **Discuss** how it felt to hear the positive statements from everyone. Now recall a time where you may have hurt someone’s feelings with your words. How do you think it made them feel?
5. **Reflect** on the affirmations for the next seven days as you pray together as a family (time of your choosing).